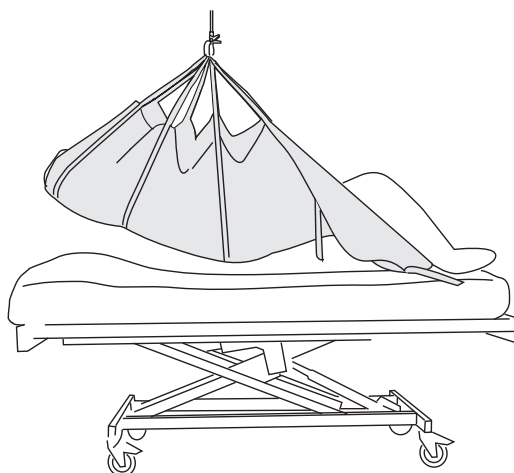


# Solo RepoSheet™ Generous



## Accessory

### Instruction Guide



### Product Description

Solo RepoSheet accessory has been specially developed by Liko to facilitate transfers of a patient in bed. It is an excellent aid for repositioning further up in bed and during turning in beds using a lift and with minimal body strain for the caregivers.

Transfers can be carried out with the help of one person but we recommend that there are two caregivers which is time-saving and a comfortable way to work.

Solo RepoSheet accessory can be used in combination with, or instead of ordinary bed sheets.

Solo RepoSheet accessory is intended for short-term use by one individual patient. It should be disposed when it becomes soiled or when the patient no longer needs it.

Two models are available; **Short**, for lifting up to 200 kg (440 lbs.), and **Generous**, a sheet for lifting up to 300 kg (660 lbs.) For retained maximum load, lift/accessories intended for the same load or more are required.

Solo RepoSheet Short accessory have a separate Instruction Guide.

There are also RepoSheet accessory models for long-term use in Liko's product range.

△ If it is necessary to transfer a patient between two horizontal surfaces sufficient lift straps are used to ensure that the patient has enough support under the body to be lifted safely during the transfer. Also, make sure that strap loops do not become stuck anywhere during the transfer.

Solo RepoSheet accessory works best in combination with overhead lifts. We recommend LikoGuard™ overhead lift, Likorall™ overhead lift or Multirall™ overhead lift. LikoGuard XL overhead lift or an Ultra lift system is required for maximum load of 300 kg (660 lbs.). See final page for recommended sling bars.

△ Solo RepoSheet accessory is **not** intended for lifting or transfers from lying to sitting positions. For such needs, we recommend lifting with one of our many sling models.

*In this document, the person being lifted is referred to as the patient and the person helping them is referred to as the caregiver.*

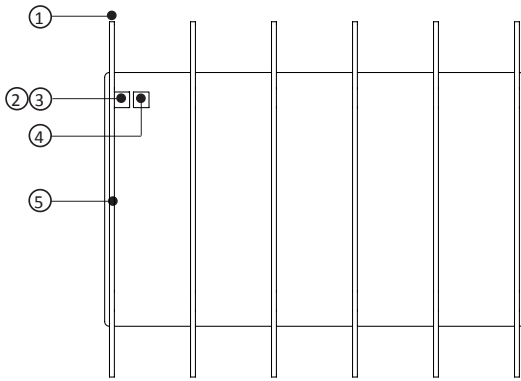
△ is a warning triangle used for situations that demand extra care and attention.

#### **IMPORTANT!**

Lifting and transferring a patient always involves a certain level of risk. Read the instruction guide for both the patient lift and lifting accessories before use. It is important to completely understand the contents of the instruction guide. The equipment should only be used by trained personnel. Ensure that the lifting accessories are suitable for the lift used. Exercise care and caution during use. As a caregiver, you are always responsible for the patient's safety. You must be aware of the patient's ability to make it through the lifting situation. If something is unclear, contact the manufacturer or supplier.

# User Description

## Definitions

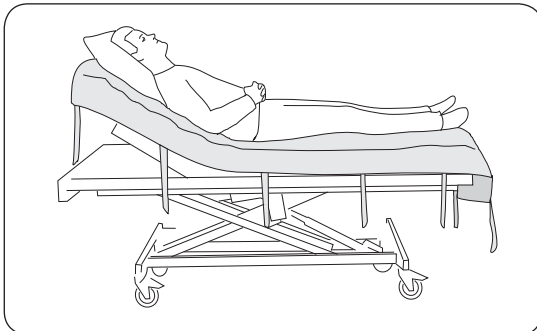


1. Strap loops
2. Product label
3. Year/month of production
4. Caution label: Do not wash
5. Lift strap

### △ Before lifting, remember the following!

- A responsible person within your organization should decide on a case-by-case basis whether one or more caregivers are needed.
- Plan the lifting operation before the lift to make it as safe and convenient as possible.
- Before lifting, check that the lifting accessory hangs vertically and can move freely.
- Although Liko's sling bars are equipped with latches, special caution must be exercised: Before the patient is lifted from the underlying surface, but after the straps have been fully extended, make sure the strap loops are properly connected to the sling bar.
- Never lift a patient higher off the underlying surface than is needed to complete the lifting and transfer procedure.
- Never leave a patient unattended during a lifting situation.
- The wheels on the bed must be locked during lifting/transfer operation, the recommendation applies in particular when turning patients.
- Put the bed rails up during turning, particularly if only one caregiver carries out the procedure.
- Make sure that the RepoSheet lifting accessory's unconnected strap loops do not become stuck, for example, in the bed during use.
- During transfers, the caregivers should hold on to the sling bar and/or support the patient from underneath. Avoid pulling the lift straps as that can damage the RepoSheet lifting accessory.

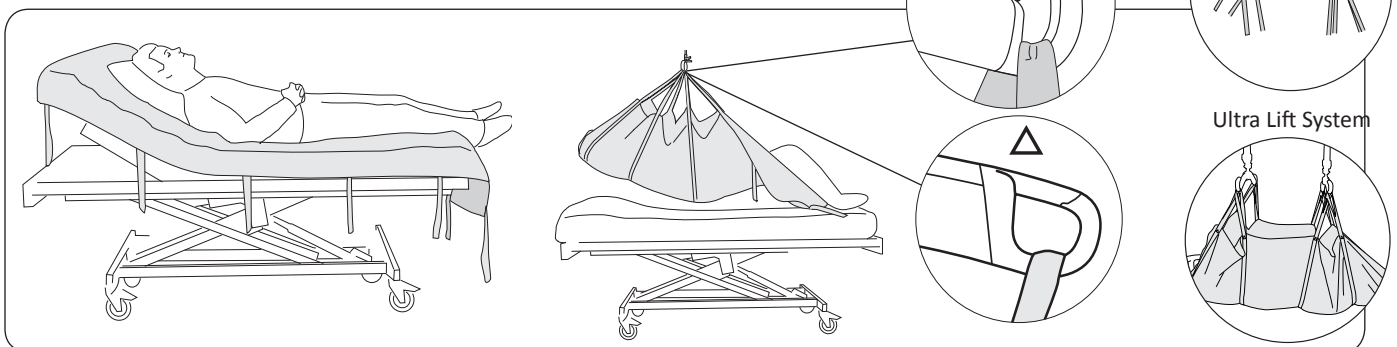
## Positioning of Solo RepoSheet Generous accessory



Place the upper edge of the sheet even with the head section of the bed. The longer end of the RepoSheet accessory should be at the foot section of the bed. The patient's pillow should be placed under the patient's head (i.e., on top of the RepoSheet accessory).

One placement of Solo RepoSheet Generous accessory is good for about 3-5 repositionings before it is time for re-bedding.

### Lifting further up in the bed



**Connect the strap loops:** Connect the strap loops to each side of the sling bar. Use the lift straps that lift the head and all the lift straps that lift the body down to the hollow of the knees (4-5 pairs of straps is usual). △ Lifting with the lift straps under the hollow of the knees can cause over-extension of the knee-joint. When it is also necessary to lift the calves, (for example when transferring between two beds) particular care must be taken so that over-extension of the knee-joints does not occur.

**Lifting:** Lift so that the patient is free of the mattress and can be moved up to the desired position in the bed. During repositioning, the caregivers should hold on to the sling bar and/or support the patient from the underneath. **Do not pull the lift straps!** Lower, disconnect and smooth out the Solo RepoSheet accessory.

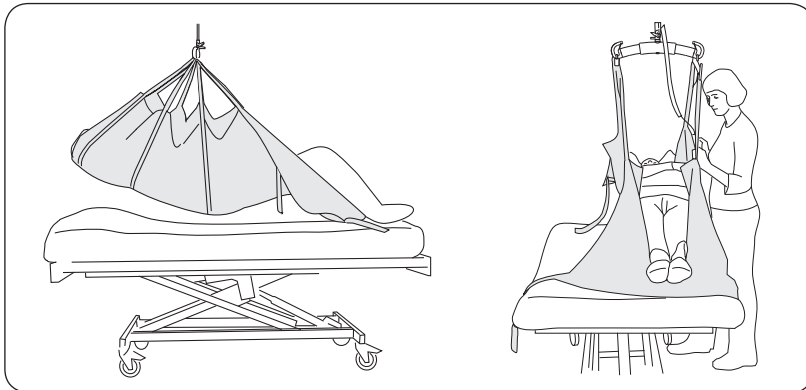
**Alternative:** In some cases, particularly if you want to lift the patient in as a straight position as possible, it may be better to use SideBars and distribute the strap loops on the SideBar's hooks instead, see the small illustration (although not during the "turning" operation when only one side of the Solo RepoSheet accessory's lift straps are carrying weight).

## Turning in bed

Turning a patient in bed can be done with the assistance of one person but we recommend that there are two caregivers which is time saving and a comfortable way to work.

△ Use of bed rails is recommended, particularly in situations where only one caregiver is carrying out the procedure.

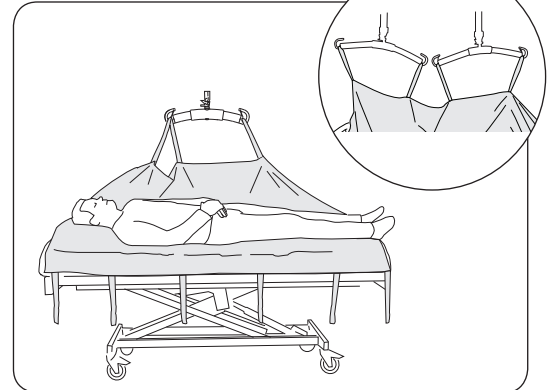
### Preparations for turning:



1. Before turning can take place the patient must first be moved to one side of the bed. Connect the necessary number of lift straps according to the description at the end of page 2. Lift the patient high enough to clear the bed surface.

2. Move the patient to one side of the bed, lower onto the mattress.

### Turning:



1. Disconnect the loop straps from the side nearest the centre of the bed. If SideBars have been used in the first stage, disconnect them and distribute the lift straps on the sling bar when it is hanging parallel with the bed.



2. Place the patient in such a way that turning is made easy: arms over the side, one leg over the other.  
△ Lift carefully so that the patient is turned to the side with the help of the lift without tipping forward.

3. Adjust the patient's body position to one which is comfortable and place pillows to support (behind the back, between the knees, under the head). Lower the sling bar and disconnect the strap loops. Smooth out the sheet.

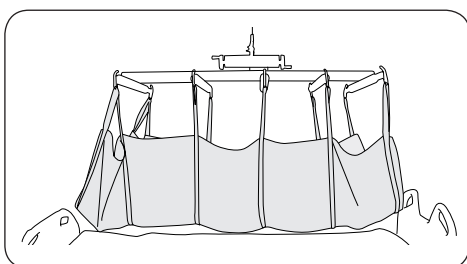
When the patient is to be moved from the side position onto a supine position carry out the procedure in reverse order: remove pillows, lower lift, connect the strap loops, lift and move the patient to the middle of the bed, etc.

## Changing Solo RepoSheet accessory

The easiest way to change Solo RepoSheet accessory is to lift the patient in a Solo RepoSheet accessory while fitting the bed with a new one. After lowering, the first sheet can be removed when the patient is turned to the side, preferable with the assistance of the new RepoSheet accessory and the lift.

If Solo RepoSheet accessory is used for lifting further up in the bed it is practical to have two or more sheets to change between.

### Alternative Areas of Use



Solo RepoSheet accessory in combination with Liko™ FlexoStretch or Liko™ UltraStretch™ accessory can be used for lifting and transferring a patient in a horizontal position. The lift straps on the RepoSheet accessory's head section is connected to the hooks on the stretchers head section. The remaining lift straps is distributed on the other hooks. Solo RepoSheet Generous accessory have more lift straps than the stretcher has hooks. To avoid that the last pair of lift straps do not get stuck, for example in the bed, the lift straps should be connected to the hooks on the stretchers foot section, see illustration. The stretchers lift arms can be adjusted to achieve optimal comfort.

# Overview, Solo RepoSheet™ Generous accessory

Name	Model	Prod. No.	Size	Maximum load <sup>1</sup>
Solo RepoSheet	Generous	36871004	215x130 cm (85x51 in.)	300 kg (660 lbs.)

<sup>1</sup> For retained maximum load, lift/accessories intended for the same load or more are required.

**Material:** 50 % cotton and 50 % polyester

**Accessories:** Universal SideBars, pair. Prod. No. 3156079

## Care and Maintenance

△ Solo RepoSheet accessory is a disposable item that is intended for individual use only. Write the patient's name on the product label which is on the back side of the sheet.

Solo RepoSheet accessory should no longer be used:

- when it is soiled or if it is suspected of being contaminated
- if it is damaged
- when the patient no longer requires it.

Dispose of the Solo RepoSheet accessory accordance with hospitals or care facility regulations. Solo RepoSheet accessory can be recycled by incinerating.



DO NOT WASH. The caution label situated on the back of the sheet displays the DO NOT WASH –symbol.



If the sheet is washed this label disintegrates to display the DO NOT USE –symbol. The sheet must then be disposed of.

Inspect the Solo RepoSheet accessory before each use. Pay special attention to wear and damage to seams, material/fabric, straps and strap loops. During use, pay attention to that the RepoSheet accessory does not get stuck in equipment, which can damage the sheet. Do not use damaged lifting accessories. If anything is unclear, please contact the manufacturer or supplier.

## Recommended combinations of Liko's sling bars:

	Universal 350 <sup>1</sup>	SlingGuard 350	Standard 450 <sup>1</sup>	Universal 450 <sup>1</sup>	SlingGuard 450	Universal 600 <sup>1</sup>	SlingGuard 600
Lifting and positioning when further up in bed:							
Solo RepoSheet Generous	1	1	1	1	1	1	1

	Sling bar 350 <sup>2</sup>	Sling bar 450 <sup>3</sup>	Sling bar 600 <sup>4</sup>
Lifting and positioning when turning in bed:			
Solo RepoSheet Generous	1	1	2

All recommendations applies both when using one respectively two sling bars (two sling bars = Ultra lift system).

<sup>1</sup> The recommendation apply both with and without SideBars.

<sup>2</sup> Sling bar 350 relates to Universal SlingBar 350 Prod. No. 3156074, 3156084, and 3156094, and also SlingGuard 350 Prod. No. 3308010 and 3308510.

<sup>3</sup> Sling bar 450 relates to Universal SlingBar 450 Prod. No. 3156075, 3156085, and 3156095, and also SlingGuard 450 Prod. No. 3308020 and 3308520.

<sup>4</sup> Sling bar 600 relates to Universal SlingBar 600 Prod. No. 3156076 and 3156086, and also SlingGuard 600 Prod. No. 3308030 and 3308530.

**Explanation:** 1 = Recommended, 2 = May work, 3 = Not advised, 4 = Inappropriate

## Other Combinations

Combinations of accessories/products other than those recommended by Liko can result in risk for the safety of the patient.

 Medical Device Class I Product

Liko's products undergo continuous development, which is why we reserve the right to make product changes without prior notice. Contact your Hill-Rom representative for advice and information about product upgrades.

## Design and Quality by Liko in Sweden

Liko is quality certified according to ISO 9001 and its equivalence for the medical device industry, ISO 13485.

Liko is also certified according to environmental standard ISO 14001.



[www.hill-rom.com](http://www.hill-rom.com) | [www.liko.com](http://www.liko.com)

Liko AB  
Nedre vägen 100  
SE-975 92 Luleå, Sweden  
+46 (0)920 474700

Enhancing outcomes for patients and their caregivers:

